



HEALTH POLICY & GUIDELINES

All CCDP programs adhere to the Medical Administration Policy and Guidelines required by our licensor the Office of Children and Family Services (OCFS).

This Health Policy & Guidelines applies to all well children and children taking medication from the ages of 6 weeks to 12 years enrolled in CCDP programs as well as all CCDP employees.

* Children in our care up to date immunizations and annual physicals in order to be allowed at the child care centers. Please check with your doctor, your county's Public Health, or one of our experienced staff to see if your child is up to date and fit to be around other children.

*If a child should become ill at our program the child's parent or guardian will be called, and must come for the child as soon as possible.

*Please do not give ill children Tylenol or any fever reducer before sending them to child care. If your child is ill, please keep him/her home.

CHRONIC ILLNESS

Children with a chronic illness such as asthma, diabetes, febrile seizures, should have written instructions by a physician regarding any special procedures, observation, or treatment. MAT paperwork needs to be updated every 6 months.

MEDICATION

Written permission from a physician must accompany any medication (prescription and non-prescription) that is to be administered at childcare. The medication must be in the original container. The note must have the child's name, name and route of the medication, time to be given, amount to be given, and number of days to be given. Medication must be for a specific condition accompanied by above note. The center will provide you with the necessary medication form.

EXCLUSION

Children shall be excluded from group care when one or more of the following situations occur:

- Symptoms of acute or contagious illness
- Medical attention is needed

Children are able to return to the center when:

- **Children are symptom-free for 24 hours**
- **Depending upon the type of communicable disease, a note from the physician may be required prior to a child's return**
- **We reserve the right to ask for doctor's notes**

OR

- **After the treatment and/or medication, prescribed by the physician, meets the time specifications stated in our HEALTH CODE. (In most cases children may return 24 hours after treatment has begun.) Please refer to the HEALTH CODE for the time specifications**

NOTE: Parents who are asked to pick up an ill child at childcare will receive an ILLNESS NOTICE (a copy is attached). This form can be helpful to parents because it states the child's symptoms and our health policy requirements regarding those symptoms.



HEALTH POLICY

CHICKENPOX

A. Symptoms

1. Pimple type sores, which develop into water blisters and then crust over
2. May be accompanied by fever
3. Mild respiratory symptoms may occur

B. May return to Childcare

1. After most sores have dried and crusted, typically after 7 days
2. No new lesions have appeared for 3 days

COLD - ADVANCED

A. Symptoms

1. Thick nasal drainage
2. Sore throat
3. Fever
4. Cough

B. May Return to Childcare

1. Symptoms disappear
2. Doctor's written permission to return
3. No fever for 24 hours without Tylenol or other fever suppressant

COLD - COMMON

A. Symptoms

1. Nasal congestion
2. Sneezing
3. Slight Cough

B. May Be At Childcare

CONJUNCTIVITIS (PINK EYE)

A. Symptoms

1. Red, itchy eyes
2. Drainage may be clear or contain pus
3. Eyelids may become swollen or crusty

B. May return to Childcare

1. After symptoms have cleared
2. Or with Dr.'s written permission
3. Or 24 hours after treatment begins



COUGH - ADVANCED

A. Symptoms

1. Cough interfering with eating, breathing, sleep, or normal activity level
2. May become croupy / whooping sound
3. Mucous may be discharged

B. May Return to Childcare

1. Symptoms disappear
2. Doctor's written permission to return

DIARRHEA

A. Symptoms

1. Gas, stomach cramps
2. Nausea
3. Loose, runny stools

*** Parent is contacted after 2nd incident; child goes home after 3rd incident**

B. May return to Childcare

1. When symptom free for 24 hours, on a regular diet (no Pedialyte)

EAR INFECTION

A. Symptoms

1. Ear drainage
2. Constant pulling on ear, fussiness or complaining of a sore ear
3. Cold symptoms
4. Not interested in eating, difficulty sleeping, playing, etc.

B. May Return to Childcare

1. 12 hours after treatment begins
2. Child must be fever free for 24 hours, without Tylenol or other fever suppressant



FLU: Also known as Influenza is a contagious respiratory illness caused by flu viruses. It can cause mild to severe illness and at times, can lead to death. Flu is different from the cold. Flu usually is sudden. People who are sick with the flu feel some or all of these symptoms.

THE BEST WAY TO PREVENT THE SPREAD OF FLU IS TO GET VACCINATED EVERY YEAR.

A. Symptoms

1. Fever or feeling feverish/chills
2. Cough
3. Sore throat
4. Runny or stuffy nose
5. Muscle or body aches
6. Fatigue
7. Some people have vomiting and diarrhea- more common in children rather than adults

**Its important to note that not everyone with flu has a fever*

B. May Return to Day Care

1. A signed doctor's note stating the child is well enough to participate in child care activities

FEVER

A. Symptoms

1. 101 degree temperature or more (auxiliary)

B. May Return to Day Care

1. Fever free for 24 hours without any fever suppressant

FIFTHS DISEASE

A. Symptoms

1. Lace-like rash with red checks

- B. Child does not need to be excluded, as the infectious period precedes rash, unless other symptoms are present**

HAND, FOOT, AND MOUTH DISEASE

A. Symptoms

1. Spots on hands, feet and around or inside mouth
2. Sometimes on buttocks
3. Fever

B. May Return to Childcare

1. 24 hours after fever breaks
2. Open sores should be covered
3. Sores in the mouth should not cause discomfort when eating or drinking



HEAD LICE

A. Symptoms

1. Lice (bugs), or nits(eggs) in child's hair
2. Itchy scalp

B. May Return to child care

I. First Incidence

1. 24 hours after treatment has been administered
2. Eggs and nits are completely removed by a specially designed nit comb
3. Home and soft surface materials brought to and from school (ie: backpacks, hats, coats, gloves, etc) must be treated
4. Must be seen by a MAT trained staff
5. Need to retreat hair after 7 days of first treatment
6. Child will be checked daily for two weeks

II. Second Incidence

1. Parents will be asked to meet with Administrator for support with handling lice
2. Follow steps above

III. Third Incidence within 30 days

1. Family may be asked to leave if they are not cooperating with administration

IMPETIGO

A. Symptoms

1. Red, round rash
2. Sores that don't heal and increase in size, may have drainage
3. Maybe itchy
4. May have flat honey colored crust

B. May return to Childcare

1. After using medication for 24 hours (keep covered)

MUMPS/MEASLES

A. Symptoms

1. Inflamed glands
2. Swelling of throat
3. Eruption of rash
4. Slight fever

B. May return to Childcare

1. With mumps - after swelling subsides (approximately 9 days after swelling began)
2. With measles - approximately 6 days after rash began

PINWORMS

A. Symptoms

1. Small worms that infect rectum and intestines
2. Usually found in stools
3. Rectal itching, especially at night



- B. May Return to Childcare
 - 1. After treatment begins
 - 2. Doctor's written permission to return

PNEUMONIA

- A. Symptoms
 - 1. Wheezing
 - 2. Severe coughing
 - 3. Rasping when breathing

- B. May Return to Childcare
 - 1. Doctor's permission

RASH, BITES, OR LIVE BUGS

- A. Symptoms
 - 1. Spreading of unusual spots or cluster of spots

- B. May Return to Childcare
 - 1. When symptoms disappear or with Doctor's written permission

RINGWORMS

- A. Symptoms
 - 1. Raised, scaly ring shape lesions on skin

- B. May Return to Childcare
 - 1. Doctors written permission to return
 - 2. After treatment has begun (keep covered)

SCABIES

- A. Symptoms
 - 1. Severe itching
 - 2. Rash (little red bumps) - Predominantly between fingers, axilla creases, may be on other parts of the body

 - B. May return to Childcare
 - 1. After treatment has been administered
- * Treatment of scabies also requires the home to be treated

STREP THROAT / SCARLET FEVER

- A. Symptoms
 - 1. Red painful throat
 - 2. Trouble swallowing
 - 3. Fever
 - 4. Swollen glands
 - 5. Peeling skin
 - 6. If scarlet fever, rash feels like sand paper

- B. May Return to Childcare



The Coordinated Child Development Program, Inc. (CCDP)

1. 24 hours after treatment begins and temperature returns to normal

TEETHING

A. Symptoms

1. Child has discomfort with gums and mouth area

B. May Be At Childcare

1. Tylenol for discomfort only with doctors written permission

*** NOTE: Child may not be at the center if he or she has fever of 101 degree or more**

THRUSH

A. Symptoms

1. White film covering inside of mouth

B. May Return to Childcare

1. 24 hours after treatment begins

VOMITING

A. Symptoms

1. Child vomits 2 times in a 24 hour period or may be sent home after one time if other symptoms are present

B. May return to Childcare

1. 24 hours after symptoms have disappeared and child is on a regular diet (no Pedialyte)

YEAST INFECTION (BOTTOM)

A. Symptoms

1. Bright, red, irregular shaped pustules

B. May Return to Childcare

1. When symptoms disappear, or 12 hours after treatment begins

OTHER ILLNESS WILL BE EVALUATED BY THE CENTER AS THEY OCCUR

WHEN THERE IS A CONFIRMED CASE OF ONE OF THE ABOVE ILLNESSES, PARENTS WILL SEE A NOTE ON THE CLASSROOM DOOR STATING THE ILLNESS AS WELL AS AT THE FRONT DESK OF EACH CENTER